



CREATORS OF REAL HEALTH FOOD



SNACK CRACKERS



ARTISAN COLD-PRESSED OILS



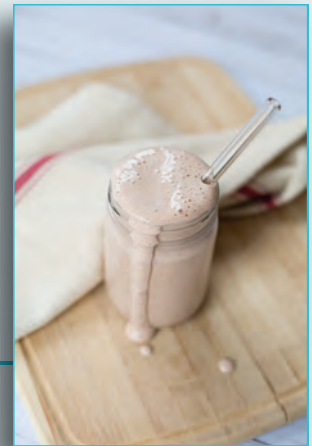
SUPER FOODS



CBD OIL



ARTISAN SALAD DRESSINGS



GLASS STRAWS



WWW.FOODSALIVE.COM

CRACKERS & ONION RINGS



MADE WITH NUTRIENT-RICH

Flax Seed • Pumpkin Seed

Sesame Seed • Hulled Hemp Seed

Sunflower Seed • Almonds • Walnuts

Chia Seed • Reishi Mushroom Powder



Can you recall the best-tasting “health food” you’ve ever tasted in your life? One that’s full of flavor, has an appealing texture, tastes like a decadent gourmet treat and yet made with simple, clean and organic ingredients?

We bet you can’t— or most likely you have tried, but it’s not a healthy food. It was probably just junk food.

With Foods Alive, now you can say goodbye to constipating crackers and greasy fried onion rings and hello to these gluten-free snacks with a purpose!

WHAT MAKES OUR SNACKS SO SPECIAL & BOLD?

Our crackers come to life when we soak raw nuts & seeds in filtered water to begin the germination (or sprouting) process.

This increases the nutritional value, bioavailability and makes them easier to chew and digest.

Then, after adding robust spices and herbs or something sweet, we gently dehydrate them at a low temperature.

Our delicate process allows us to preserve the vital living enzymes and essential nutrients, while at the same time, creating a crispy, crunchy, and sweet, or savory snack.

Did you know that you can soak our crackers and they’ll sprout? That’s because they’re still ALIVE!



GLUTEN-FREE • HIGH FIBER • OMEGA EFAs • ENZYMES

CREATORS OF REAL HEALTH FOOD

SAVORY CRACKERS

PERFECT FOR DIPS, SPREADS,
OR AS BREAD OR CROUTONS

| | | |
|-----------------|-----|----------------|
| Coconut Curry | 3oz | 8 9155100006 5 |
| Original | 4oz | 8 9155100001 0 |
| Onion Garlic | 4oz | 8 9155100005 8 |
| Italian Zest | 4oz | 8 9155100002 7 |
| Mexican Harvest | 4oz | 8 9155100003 4 |
| Rosemary Hemp | 4oz | 8 9155100008 9 |

Coconut Curry Power Crackers: Gold flax seed*, shredded coconut*, sunflower seeds*, coconut sugar*, chia seeds*, curry powder*, almonds*, walnuts*, onion powder*, freeze dried reishi mushroom*, sesame seeds*, granulated garlic*, Himalayan pink salt.

Original Flax Crackers: Gold flax seed*, Bragg liquid aminos (a non-GMO, wheat-free soy sauce), lemon juice*.

Onion Garlic Flax Crackers: Gold flax seed*, tomato powder*, granulated garlic*, minced onion*, Himalayan pink salt.

Italian Zest Flax Crackers: Gold flax seed*, tomato powder*, minced onion*, Himalayan pink salt, granulated garlic*, parsley*, basil*, marjoram*, oregano*, rosemary*, thyme*, sage*.

Mexican Harvest Flax Crackers: Gold flax seed*, tomato powder*, minced onion*, cumin powder*, Himalayan pink salt, granulated garlic*, chili powder*, cayenne pepper*, parsley*, ginger*, coriander*, cilantro*.

Rosemary Hemp Flax Crackers: Gold flax seed*, hemp protein powder*, nutritional yeast, coconut sugar*, raw apple cider vinegar*, rosemary*, Himalayan pink salt.



Eats like a snack, fuels like a meal!

SWEET CRACKERS

GREAT WITH NUT BUTTERS, JAMS,
JELLIES & OTHER SPREADS

| | | |
|--------------------|-----|----------------|
| Lemon Chia Crunch | 3oz | 8 9155100088 1 |
| Chocolate Macaroon | 3oz | 8 9155100071 3 |
| Maple & Cinnamon | 4oz | 8 9155100004 1 |
| Ginger Snap | 4oz | 8 9155100007 2 |

Lemon Chia Crunch Power Snackers: Gold flax seed*, coconut sugar*, shredded coconut*, almonds*, walnuts*, sunflower seeds*, sesame seeds*, chia seeds*, freeze dried reishi mushroom*, lucuma powder*, Himalayan pink salt, maca powder*, vanilla flavor*, lemon juice concentrate*, lemon oil*.

Chocolate Macaroon Power Snackers: Gold flax seed*, coconut sugar*, shredded coconut*, walnuts*, sunflower seeds*, cacao powder*, cacao nibs*, sesame seeds*, chia seeds*, freeze dried reishi mushroom*, Himalayan pink salt, vanilla extract*.

Maple & Cinnamon Flax Snackers: Gold flax seed*, pure maple syrup*, cinnamon powder*, coconut sugar*.

Ginger Snap Flax Snackers: Gold flax seed*, chia seed*, coconut sugar*, blackstrap molasses*, ginger*, clove*, Himalayan pink salt.



“A revolution in
healthy snacking!”

ONION RING CLUSTERS

DEHYDRATED & NOT DEEP-FRIED
MADE WITH PROTEIN-RICH NUTS & SEEDS

| | | |
|---------------|-----|----------------|
| Good'N Hearty | 2oz | 8 9155100076 8 |
|---------------|-----|----------------|

Good'N Hearty Onion Ring Clusters: Onions*, sunflower seeds*, pumpkin seeds*, hulled hemp seeds*, sesame seeds*, nutritional yeast, chia protein powder*, Himalayan pink salt, freeze dried reishi mushrooms*, garlic granules*, ginger powder*, turmeric*, fermented coconut tree sap*, black pepper*, red beet powder*.

*ORGANIC INGREDIENT

ALSO AVAILABLE IN 5-POUND BAGS

ARTISAN COLD-PRESSED OILS



All of our Artisan Cold-Pressed Oils are carefully crafted in small batches at a very low temperature on our own special oil press.

Why do we have the best-tasting flax oil? It's simple– we receive samples of certified organic flax seed from several farmers and press each sample into oil, then we taste each sample to find the freshest, lightest and purest tasting one.

This extra attention to detail allows us to maintain the superior quality you have come to expect from Foods Alive. **We challenge you to find a better-tasting oil!**



OUR OILS ARE:

- ✓ Full of the GOOD fats– Omegas 3, 6 and 9
- ✓ Artisan cold-pressed in small batches
- ✓ Pressed from seeds grown in mineral-rich soil
- ✓ Unsurpassed rich, robust flavor
- ✓ Free of preservatives

OUR OILS ARE NOT:

- ✗ Pressed at high temperatures
- ✗ Watered down with cheap oils
- ✗ Loaded with empty calories
- ✗ Refined, health-damaging oils

CREATORS OF REAL HEALTH FOOD

Our artisan cold-pressed oils consistently beat the leading brands in blind taste tests!



Is the oil inside the seeds you buy fresh?

The only way to find out is by cold-pressing the oil from the seed and testing it, so that's what we do! The organic flax oil on the right did not pass our inspection, due to the rancid taste and dark color of the oil. We find that organic seed crops grown in noxious soil that has not recovered from conventional farming practices, should not be consumed.

WHAT PEOPLE ARE SAYING

"This oil is a five-star, gold standard! Amazing product! My body is so happy! I am thrilled to have this great tasting, nourishing 'good fat' to feed my joints and help with decreasing inflammation. Foods Alive is a great company, doing the 'good work' for all to enjoy."

—Debbie from WA

"Your flax oil arrived quickly and is oh, so fresh. None of that not so good taste you find in most flax oil purchased in health food stores. Thanks for a wonderful product!"

—Oliver from TX

"It has excellent features in many ways, such as the color being truly gold, buttery, very pretty, (and has) good tasting flavor. Last, but certainly not least, it can keep your heart healthy and bring you into a healthier life style."

—Jennifer from NJ

"Oh, how fresh and good it is! Thanks for a wonderful product!"

—Jim from MT

"Excellent tasting oil! Will order again!"

—Jeff from MI



ARTISAN OILS

ALSO AVAILABLE IN 1 OR 5-GALLON SIZES

| | | |
|------------------------|------|----------------|
| Gold Flax Oil | 4oz | 8 9155100011 9 |
| Gold Flax Oil | 8oz | 8 9155100037 9 |
| Gold Flax Oil | 16oz | 8 9155100030 0 |
| Hemp Seed Oil | 4oz | 8 9155100012 6 |
| Hemp Seed Oil | 8oz | 8 9155100021 8 |
| Hemp Seed Oil | 16oz | 8 9155100085 0 |
| Black Sesame Oil | 4oz | 8 9155100013 3 |
| Black Sesame Oil | 8oz | 8 9155100031 7 |
| Black Sesame Oil | 16oz | 8 9155100096 6 |
| Natural Sesame Oil | 4oz | 8 9155100059 1 |
| Natural Sesame Oil | 8oz | 8 9155100074 4 |
| Chia Seed Oil | 4oz | 8 9155100010 2 |
| Chia Seed Oil | 8oz | 8 9155100042 3 |
| Chia Seed Oil | 16oz | 8 9155100084 3 |
| Black (Cumin) Seed Oil | 4oz | 8 9155100046 1 |
| Black (Cumin) Seed Oil | 8oz | 8 9155100064 5 |
| Omega Power Blend | 4oz | 8 9155100072 0 |
| Omega Power Blend | 8oz | 8 9155100073 7 |

Gold Flax Oil: 100% unrefined, virgin, raw gold flax seed oil*.

Hemp Seed Oil: 100% unrefined, virgin, raw hemp seed oil*.

Black Sesame Seed Oil: 100% unrefined, virgin, raw black sesame seed oil*.

Natural Sesame Seed Oil: 100% unrefined, virgin, raw natural sesame seed oil*.

Chia Seed Oil: 100% unrefined, virgin, raw chia seed oil*.

Black (Cumin) Seed Oil: 100% unrefined, virgin, raw black cumin seed (nigella sativa) oil*.

Omega Power Oil Blend: A blend of raw, virgin, cold-pressed oils (gold flax seed oil*, hemp seed oil*, chia seed oil*, black sesame seed oil*, sacha inchi oil*, evening primrose oil*).

***ORGANIC INGREDIENT**

ARTISAN SALAD DRESSINGS



Using our own superior artisan cold-pressed organic flax oil, chia oil, black sesame oil and hemp oil, we have developed several delicious and exciting artisan salad dressings.

Unlike any other salad dressing, dipping sauce or finishing sauce on the market, 40 - 50% of each bottle contains omega-rich oil. Our delicious creations make it very easy for you to add essential fatty acids (EFAs) like omega-3 and omega-6 to your family's diet.

Enjoy our dressings on salads, rice dishes, sandwiches, wraps, pastas, or use as a dipping sauce for veggies, breads and so much more! These are crafted in small batches to maintain the superior quality and taste you have come to expect from Foods Alive!



OUR DRESSINGS ARE:

- ✓ Full of the GOOD fats– Omegas 3, 6 and 9
- ✓ Artisan cold-pressed in small batches
- ✓ Pressed from seeds grown in mineral-rich soil
- ✓ Unsurpassed rich, robust flavor
- ✓ Free of preservatives

OUR DRESSINGS ARE **NOT**:

- ✗ Healthy salad destroyers
- ✗ Loaded with empty calories
- ✗ Watered down with cheap oils
- ✗ Refined, health-damaging oils
- ✗ Made with fillers and preservatives

CREATORS OF REAL HEALTH FOOD

GET A HEAVY DOSE OF ESSENTIAL FATTY ACIDS IN ONE SALAD!



ARTISAN DRESSINGS

ALSO AVAILABLE IN 1 OR 5-GALLON SIZES

| | | |
|----------------|------|----------------|
| Asian Ginger | 4oz | 8 9155100014 0 |
| Asian Ginger | 8oz | 8 9155100058 4 |
| Asian Ginger | 16oz | 8 9155100080 5 |
| Creamy Italian | 4oz | 8 9155100016 4 |
| Creamy Italian | 8oz | 8 9155100057 7 |
| Creamy Italian | 16oz | 8 9155100082 9 |
| Greek Goodness | 4oz | 8 9155100015 7 |
| Greek Goodness | 8oz | 8 9155100052 2 |
| Greek Goodness | 16oz | 8 9155100081 2 |
| Garlic Paprika | 4oz | 8 9155100017 1 |
| Garlic Paprika | 8oz | 8 9155100039 3 |
| Garlic Paprika | 16oz | 8 9155100032 4 |
| Sweet Mustard | 4oz | 8 9155100018 8 |
| Sweet Mustard | 8oz | 8 9155100041 6 |
| Sweet Mustard | 16oz | 8 9155100034 8 |
| Sweet & Sassy | 4oz | 8 9155100019 5 |
| Sweet & Sassy | 8oz | 8 9155100022 5 |
| Sweet & Sassy | 16oz | 8 9155100083 6 |
| Vegan Ranch | 4oz | 8 9155100009 6 |
| Vegan Ranch | 8oz | 8 9155100070 6 |
| Vegan Ranch | 16oz | 8 9155100069 0 |

Asian Ginger: Hemp oil*, black sesame oil*, filtered water, Bragg liquid aminos (a non-GMO, wheat-free soy sauce), coconut sugar*, rice vinegar*, ginger powder*, chia seed*, Himalayan pink salt, garlic granules*, chili powder*, cayenne pepper*.

Creamy Italian: Flax oil*, filtered water, rice vinegar*, chia oil*, garlic granules*, Himalayan pink salt, onion powder*, Italian herb blend* (parsley*, basil*, marjoram*, oregano*, rosemary* thyme*, sage*), coconut sugar*, tomato powder*.

Greek Goodness: Flax oil*, filtered water, rice vinegar*, chia oil*, hulled hemp seeds*, Dijon mustard* (apple cider vinegar*, water, mustard seed*, salt, turmeric*, spices*), onion powder*, garlic granules*, Himalayan pink salt, oregano*, black pepper*, basil*.

Garlic Paprika: Flax oil*, filtered water, apple cider vinegar*, maple syrup*, garlic powder*, paprika powder*, Himalayan pink salt, mustard powder*, black pepper*.

Sweet Mustard: Flax oil*, Dijon mustard* (apple cider vinegar*, water, mustard seed*, salt, turmeric*, spices*), filtered water, coconut sugar*, apple cider vinegar*, Himalayan pink salt.

Sweet & Sassy: Hemp oil*, apple cider vinegar*, coconut sugar*, water, celery seed powder*, chia seed*, Himalayan pink salt.

Vegan Ranch: Flax oil*, chia oil*, filtered water, apple cider vinegar*, onion powder*, garlic granules*, coconut milk*, coconut sugar*, Himalayan pink salt, dill powder*, chia seed*, lemon juice*, black pepper*, stevia*.

*ORGANIC INGREDIENT

WHAT PEOPLE ARE SAYING

"Thank GOODNESS for these wonderful dressings! We all know that it is better for us to 'eat more greens' and these products certainly make that easy! I have tried to make my own dressings and they do not come close to what you offer here. OMG, YUM! I am hooked! I will never make my own dressing again! Why bother when there are so many GREAT choices here? Each one is delicious and SO GOOD FOR ME! Well done!"

–Debbie from WA

"...this is truly a fantastic dressing! I use it for MANY things. I eat as clean as possible and this dressing fits right in. I'm really happy that I found this product."

–Jane from Anonymous

"I have looked all over for a dressing that I could feel good about putting on my salad. Finally, I found one! Thank you!"

–Maxine from IL

WWW.FOODSALIVE.COM

SUPER FOODS



We source the highest-quality and best-tasting super foods from across the globe to bring you and your family the most mineral-rich and nutrient-dense foods available.

Super foods are a great source of antioxidants, amino acids (proteins), dietary fiber and many other hard to find essential vitamins and minerals that are necessary for maintaining a healthy lifestyle.



ALSO AVAILABLE IN BULK SIZES

SUPER SEEDS

RICH IN PROTEIN, FIBER & OMEGAS 3, 6, 9

| | | |
|-------------------|------|----------------|
| Black Sesame Seed | 14oz | 8 9155100049 2 |
| Golden Flax Seed | 14oz | 8 9155100050 8 |
| Hulled Hemp Seed | 8oz | 8 9155100038 6 |
| Toasted Hemp Seed | 12oz | 8 9155100036 2 |
| Chia Seed | 16oz | 8 9155100067 6 |

PROTEIN POWDERS

FOR SMOOTHIES, PROTEIN SHAKES, ETC.

| | | |
|-------------------|-----|----------------|
| Nutritional Yeast | 6oz | 8 9155100047 8 |
| Chia Protein | 8oz | 8 9155100043 0 |
| Hemp Protein | 8oz | 8 9155100035 5 |
| Pea Protein | 8oz | 8 9155100053 9 |
| Protein Power 4 | 8oz | 8 9155100093 5 |

CACAO, CAROB, MACA

ANTIOXIDANT-RICH AND DELICIOUS

| | | |
|-----------------------------|-----|----------------|
| Cacao Powder | 8oz | 8 9155100056 0 |
| Cacao Nibs | 8oz | 8 9155100055 3 |
| Carob Powder <i>RAW</i> | 8oz | 8 9155100045 4 |
| Carob Powder <i>ROASTED</i> | 8oz | 8 9155100054 6 |
| Maca Powder | 8oz | 8 9155100029 4 |

NUTS AND BERRIES

FOR TRAIL MIXES, GRANOLA, CEREALS

| | | |
|--------------------------------|-----|----------------|
| Globe Trekker <i>Trail Mix</i> | 8oz | 8 9155100091 1 |
| Jungle Peanuts | 8oz | 8 9155100026 3 |
| White Mulberries | 8oz | 8 9155100027 0 |
| Goji Berries | 8oz | 8 9155100028 7 |
| Golden Berries | 8oz | 8 9155100089 8 |

SWEET AND SALTY

BAKING & KITCHEN ESSENTIALS

| | | |
|---------------------|------|----------------|
| Coconut Sugar | 14oz | 8 9155100065 2 |
| Himalayan Pink Salt | 14oz | 8 9155100040 9 |

CREATORS OF REAL HEALTH FOOD

"I can always depend on Foods Alive to have the best organics. They are committed to providing the best and they always make sure they have the best sources."

– Judy from Indiana



WHAT PEOPLE ARE SAYING

"Very very ... GOOD!"

–Suk Yin from MA

"Very fresh and delicious... Five stars!"

–M H from MA

"This was a fresh and real wholesome food."

–Anonymous from MO

"I am loving these as a snack or on my salads... they taste wonderful!"

–Paula from WI

"This is a high-quality product compared to other brands..."

–Sharon from Anonymous

"... absolutely TOP quality and taste just as great! Thank you!"

–Marlies from NM

"Fresh! Fresh is the first word that comes to mind with many of Foods Alive products..."

–Debbie from WA

"Your company is the best find I have found this year! Love the protein powder, but I really love the super dressings. I have turned many friends and relatives onto them! Many thanks for super products!"

–Diana from VA



**For healthy recipes, visit
www.foodsalive.com/recipes**

GLASS STRAWS

**STRONG • DURABLE • REUSABLE
ELEGANT • DISHWASHER SAFE
100% NON-TOXIC • MADE IN USA**

| | |
|-----------------------------------|----------------|
| 8" Straight (9.5mm) Regular Size | 8 9155100044 7 |
| 8" Straight (12mm) Smoothie Size | 8 9155100094 2 |
| 10" Straight (9.5mm) Regular Size | 8 9155100048 5 |
| 10" Straight (12mm) Smoothie Size | 8 9155100077 5 |
| 10" Bent (9.5mm) Regular Size | 8 9155100066 9 |
| 8" Straight (9.5mm) w/ Carry Case | 8 9155100086 7 |
| 8" Straight (12mm) w/ Carry Case | 8 9155100087 4 |



These unique glass drinking straws are environmentally friendly and incredibly elegant. When you use your glass straw, you reduce the number of plastic straws that end up in your landfill and avoid consuming the toxins that plastic straws may leach into your drinks.

A smart buy and a unique gift, each and every one of these straws is good for the environment and good for you. They're made of extremely durable pyrex-style glass and are ideal for drinks or smoothies. Each straw also comes with a sturdy cleaning brush.

These are made in the USA, so we can guarantee that chemicals such as boron and the heavy metals used for coloring such as cadmium, cobalt, etc. never make it into the air or drinking water of those who live around the manufacturing plants like they often do from glass manufacturers in China.



CBD OIL HEMP EXTRACT

**THC-FREE • HIGH QUALITY HEMP CBD
NON-GMO • NO ARTIFICIAL FLAVORING
LAB TESTED FOR PURITY & POTENCY**

| | | |
|----------------|-----|----------------|
| CBD Oil 250 mg | 1oz | 8 9155100062 1 |
| CBD Oil 500 mg | 1oz | 8 9155100063 8 |

Hemp seed oil, grape seed oil, cannabidiol (CBD), peppermint oil, proprietary terpene blend.

CBD oils are one of the most popular delivery methods of cannabidiol (CBD). The oils are formulated with a proprietary terpene blend— the first of its kind in the industry! This gives the oil a strong advantage over other CBD oil products.



HERBAL MINT LIP BALM HELPS YOUR LIPS FEEL REVIVED & ALIVE

Herbal Mint Lip Balm 0.15oz 8 9155100079 9

Sunflower oil*, beeswax*, fair trade cocoa butter*, coconut oil*, chia seed oil*, hemp seed oil*, vitamin E, essential oils of peppermint*, spearmint*, nutmeg*, cardamom*.

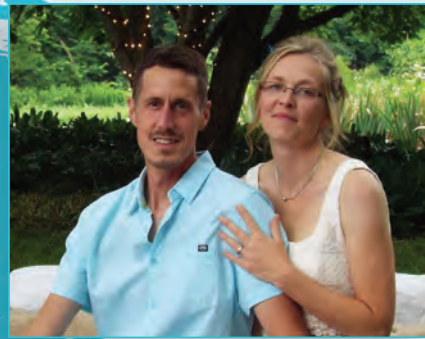
***ORGANIC INGREDIENT**

Made with our very own artisan cold-pressed chia oil and hemp oil to nourish and protect your lips!

The aromatic herbal mint infusion will awaken your senses, while our cold-pressed chia and hemp seed oil hydrates and protects your lips from the elements.



Ellen & Michael Moor



Matt & Tammy Alvord

Thank you for taking a moment to learn how Foods Alive sprouted to life and about the artisan-crafted products that we produce.

We started the company by making flax crackers. We fell in love with the health benefits of the flax crackers we first encountered back in 1999 while visiting Creative Health Institute in Union City, Michigan. This inspired Ellen to begin making flax crackers for our family, and everyone thought they were deliciously amazing and just too good to keep to ourselves. So we decided to start sharing these organic, gluten-free, vegan, high fiber crackers with the world, which we now have a variety of flavors to choose from.

In 2006, we introduced our very own artisan cold-pressed golden flax oil. Everybody thought that our gold flax oil tasted so buttery that they couldn't believe it was flax. Eventually, we created salad dressings using our cold-pressed oils. Our oils and dressings have always been the freshest and best-tasting on the market and they consistently beat the leading brands in blind taste tests. These dressings are so healthy that using them on one salad a day may provide you with all of your omega-3s. **What better way for finicky children and adults to get their essential fatty acids (EFAs)?**

Today, we continue to be an innovative leader when it comes to producing truly healthy foods because no one does quality control on incoming organic seed the way that we do. We now offer numerous flavors of snack crackers, salad dressings, artisan cold-pressed oils, an extensive line of superfoods, lip balms, and glass straws.

We hope you enjoyed browsing through our catalog of products and we look forward to creating a healthy relationship with you that lasts long into the future!

Sincerely,

Ellen, Michael, Matt, Tammy

MEMBERSHIPS

FOODS ALIVE IS A PROUD MEMBER OF
THE FOLLOWING ORGANIZATIONS





♻️ THIS CATALOG IS PRINTED ON 100% RECYCLED PAPER USING SOY-BASED INK ♻️